In the idyllic town of Clisson on the River Sèvre, medieval France meets renaissance Italy. Its castle and 15th-century market hall are surrounded by terracotta roofs reminiscent of Tuscany, a legacy of early 19th-century sculptor François-Frédéric Lemot, who had studied in Rome and designed the neo-classical mansion Domaine de la Garenne Lemot, now a museum and sculpture garden.



▲ The Italianate town of Clisson is just north of the Vendée in the Pays de la Loire. Photograph: Alamy





We only had a couple of hours in Clisson but it's a lovely spot. It's the last place on Earth you'd expect to come across a gathering of heavy metal fans, but visit in late June and you'll spot posses of leather-clad rockers descending on a site just outside the town for Hellfest, a three-day hard rock extravaganza. Local winemakers take the chance to set up stalls and sell gallons of wine to 50,000 thirsty metalheads. It's such a fixture that there's a statue of Lemmy from Motörhead on a roundabout next to the site.

Among the winegrowers who profit from Hellfest are the Paquereau family of Domaine de l'Épinay, who, unusually for the area, also produce red, rosé and sparkling wines as well as muscadet, the predominant grape of the Nantes area. We stopped for a tasting and to raise a glass to a region perfect for stepping back in time, whether it's on a small, sleepy island that's changed little in generations, or at a vast show with state-of-the art special effects.